

The functional anatomy of the heart. Development of the heart, anomalies

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- Cardiovascular system general information
- Heart functional anatomy
- Development of the heart
- Abnormalities of the heart
- Examination in a living person

Cardiovascular system

Cardiovascular system (also known as vascular system, or circulatory system) consists of:

- I. heart;
- 2. **blood vessels** (arteries, veins, capillaries);
- 3. lymphatic vessels.



Blood vessels

- Arteries are blood vessels that carry blood away from the heart.
- Veins carry blood back towards the heart.
- **Capillaries** are tiny blood vessels, that connect arteries to veins.

Lymphatic vessels:

- Iymphatic capillaries;
- Iymphatic vessels (superficial and deep lymph vessels);
- Iymphatic trunks (jugular, subclavian, bronchomediastinal, lumbar, intestinal trunks);



 Iymphatic ducts (thoracic duct and right lymphatic duct).

Lymphatic vessels

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Microcirculation

Microcirculatory bed comprises 7 components:

- I. arterioles;
- 2. precapillaries or precapillary arterioles;
- 3. capillaries;
- 4. postcapillaries or postcapillary venules;
- 5. venules;
- 6. lymphatic capillaries;
- 7. interstitial component.

Microcirculation



The heart

Heart is shaped as a pyramid with:

- > an *apex* (directed downward, forward and to the left);
- a **base** (facing upward, backward and to the right).

There are four surfaces of the heart:

- sternocostal (anterior) surface;
- diaphragmatic (inferior) surface;
- right pulmonary surface;
- Ieft pulmonary surface.



External surface of the heart

A. subclavia sinistra Truneus brachiocephalicus-A carotis communis sinistra место перехода перикарда в эпикард Arcus aortae V. cava superior. - Isthmus aortae A. pulmonalis dextra Pars ascendensapriac -Truncus pulmonalis - Auricula sinistra Auricula dextra. Pars descendens aortae Conus arteriosus Sulcus interventricularis anterior Facies pulmonalis Ventriculus sinister Margo dexter Sulcus coronarius Facies sternocostalis (anterbior) Ventriculus dexter Agex corats Incisura apicis cordis

Сердце, сог (грудинно-реберная (передняя) поверхность



Сердце, сог (диафрагмальная (нижняя) поверхность)

The heart

The heart has four chambers:

- right and left atria;
- right and left ventricles.



Externally, the atria are demarcated from the ventricles by coronary sulcus (L. sulcus coronarius).

The right and left ventricles are demarcated from each other by **anterior** and **posterior interventricular sulci** (L. sulci interventriculares anterior et posterior).

Chambers of the heart



The atria

The atria are thin-walled chambers, that receive blood from the veins and pump it into the ventricles. They are separated by *interatrial septum*.

- The right atrium (RA) receives venous blood from the superior vena cava (SVC), inferior vena cava (IVC) and coronary sinus.
- The left atrium (LA) receives arterial blood from the right and left pulmonary veins (four in number).

Right atrium

The interior of the **right atrium** (RA) has:

- a smooth, thin-walled, posterior part (*sinus of venae cavae*) on which the venae cavae (SVC and IVC) and coronary sinus open;
- a rough, muscular anterior wall composed of the *pectinate muscles*;
- 3. the interatrial septum separating the atria has an oval depression, the **oval fossa**, which is a remnant of the *oval foramen*;
- 4. a right **atrioventricular** (AV) **orifice** through which the right atrium discharges blood into the right ventricle.

The atria



Left atrium

The interior of the **left atrium** (LA) has:

- 1. a larger smooth-walled part in which the pulmonary veins enter;
- 2. the interatrial septum with a semilunar depression (with *valve of foramen ovale*), which indicates the floor of the oval fossa;
- 3. a left **atrioventricular** (AV) **orifice** through which the left atrium discharges blood into the left ventricle.

The ear-like **auricles**, muscular pouches that project like addon rooms, increase the capacity of the atria.

The ventricles

The ventricles are thick-walled chambers, that pump blood out of the heart, into the arteries. They are separated by the *interventricular septum*, composed of *muscular* and *membranous parts*.

- The right ventricle (RV) pumps blood into pulmonary trunk, which is divided in two pulmonary arteries (right and left for each lung; to the pulmonary blood circulation).
- The left ventricle (LV) pumps blood into aorta, which carries blood to the entire body (to the systemic blood circulation).

The ventricles



Right ventricle

- The internal surface of the right ventricle has irregular muscular elevations (*trabeculae carnea*) and *papillary muscles* (anterior, posterior, septal).
- The inflow tract of the ventricle receives blood from the right atrium through the right atrioventricular (AV) orifice. The right AV value or tricuspid value guards this orifice.
- The outflow tract or arterial cone, the conus arteriosus (or infundibulum), leads into the pulmonary trunk. The pulmonary valve guards the opening of pulmonary trunk.

The interior surface of ventricles



Left ventricle

- The internal surface of the left ventricle has irregular muscular elevations (trabeculae carnea) and papillary muscles (anterior and posterior).
- The inflow tract of the ventricle receives blood from the left atrium through the left atrioventricular (AV) orifice. The left AV valve or bicuspid (mitral) valve guards this orifice.
- The outflow tract, the aortic vestibule, leads into the aorta. The aortic valve guards the aortic orifice.

The heart values allow blood to flow smoothly and freely in <u>one</u> <u>direction.</u>

- There are two atrioventricular (AV) values (right and left), which allow blood to flow from the atria to the ventricles.
- a) The **right AV value** or **tricuspid value** consists of three cusps (or leaflets): anterior cusp, posterior cusp and septal cusp.
- b) The *left AV valve* or *bicuspid valve* consists of two *cusps* (or leaflets): *anterior cusp* and *posterior cusp*. It resembles a *bishop*'s *miter* (headdress), that's why it is named *mitral valve* too.



Valves of the Heart

- There are two semilunar valves, which allow blood to flow out of the ventricles, into the arteries (into the aorta and the pulmonary trunk).
- a) The *pulmonary valve* consists of three *semilunar cusps*: anterior semilunar cusp, right semilunar cusp and left semilunar cusp.
- b) The *aortic valve* consists of three *semilunar* (or *coronary*) *cusps*: posterior semilunar cusp, right semilunar cusp and left semilunar cusp.



The heart



Systemic blood circulation

- Cardiovascular system is a double circulatory system. It comprises two separate circuits (or circulations).
- Systemic circulation (greater blood) circulation). The **left ventricle** pumps oxygenated blood into the main artery – *aorta*. The blood travels from the aorta to larger and smaller arteries into the capillary network. There blood releases oxygen, nutrients and takes on carbon dioxide and wastes. The deoxygenated blood is collected in **superior** and inferior venae cavae and travels into the right atrium.



Pulmonary blood circulation

Pulmonary circulation (lesser blood circulation). The **right ventricle** pumps deoxygenated blood into the pulmonary trunk, which is divided into two **pulmonary arteries** (for each lung). Pulmonary artery branches off into smaller and smaller arteries and capillaries. The capillaries form a tiny network around the alveoli. There blood releases carbon dioxide and takes oxygen. Oxygenated blood travels through the pulmonary veins to the left atrium.



Structure of the walls of the heart

The wall of each heart chamber consists of three layers:

- endocardium, a thin internal layer;
- myocardium, a thick middle layer composed of cardiac muscle;
- epicardium, a thin external layer formed by the visceral layer of serous pericardium.

Structure of the walls of the heart

Heart Wall



Structure of the walls of the heart

- Endocardium lines the inner surface of the heart chambers. The heart valves are folds of the endocardium.
- Myocardium consists of two types of cardiac muscle cells (cardiomyocytes): typical (contractile) cardiomyocytes and atypical (cells of the conducting system of the heart) cardiomyocytes.
- Myocardium comprises two parts:
- a. myocardium of the atria (2 layers);
- **b.** myocardium of the ventricles (3 layers).
- **Epicardium** lines the outer surface of the heart. It is a serous membrane (visceral layer of serous pericardium).

- Myocardium of the ventricles (according to F. Torrent-Guasp et al., 2001) has a helical (double spiral) structure. It is made up by:
- an outer basal spiral, that comprises outer wall of the right ventricle (right segment) and outer wall of left ventricle (left segment);
- an deeper apical spiral which comprises descending and ascending segments.

Myocardium of the ventricles (F. Torrent-Guasp et al.)





The muscle fibers are anchored to the **fibrous skeleton of the heart**, which consists of:

- four fibrous rings (right and left fibrous rings; rings of aorta and pulmonary trunk), that surround the orifices of the heart;
- right and left fibrous trigones, formed by connections between the rings.

The fibrous skeleton of the heart separates the myocardium of the atria from the myocardium of the ventricles. The atria can contract separately from the ventricles.

Fibrous skeleton of the heart



The **fibrous skeleton** of the heart:

- keeps the AV, aortic and pulmonary orifices patent (maintains their caliber) and prevents them from being overly distended;
- provides attachments for the leaflets or cusps of the valves;
- provides attachment for the myocardium of the atria and myocardium of the ventricles.
The **pericardium** is a fibroserous membrane that covers the heart and the beginning of the great vessels (ascending aorta, pulmonary trunk, superior vena cava). It consists of two layers:

- the outer layer, *fibrous pericardium*;
- the inner layer, **serous pericardium**, which is composed of:
- a) parietal layer of serous pericardium and
- b) visceral layer of serous pericardium (makes up the epicardium).

Pericardium



Pericardium

The **fibrous pericardium** is:

- continuous superiorly with *tunica adventitia* of the great blood vessels entering and leaving the heart;
- attached anteriorly to the posterior surface of the sternum by the sternopericardial ligaments (superior and inferior);
- continuous inferiorly with the central tendon of the diaphragm and constitutes the *pericardiophrenic ligaments;*
- bounded posteriorly by loose connective tissue to structures in the posterior mediastinum and to the spine by the vertebropericardial ligaments.

Ligg. of fibrous pericardium



- The **pericardial cavity** is the potential space between *two layers* of the serous pericardium. It normally contains a thin film of fluid that allows the heart to move and beat in the frictionless environment. There are two sinuses of the pericardial cavity:
- transverse pericardial sinus (behind the aorta and pulmonary trunk);
- **oblique pericardial sinus** (between the inferior vena cava and left pulmonary veins).

Sinuses of pericardial cavity

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Pericardium

- **Pericarditis** inflammation of the pericardium.
- Cardiac tamponade heart compression by an accumulation of fluid in the pericardial cavity; it is a potentially lethal condition.
- Pericardiocentesis drainage of the fluid from the pericardial cavity. To remove the excess of fluid, a wide-bore needle may be inserted through the left 5th (or 6th) intercostal space near the sternum. The pericardial sac may also be reached by entering the infrasternal angle and passing the needle superoposteriorly.

Pericardiocentesis



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Development of the heart

- Formation of tubular heart (formation of primitive heart tube, 1st heart beat) – 22 days;
- Heart looping (heart tube increases in length, dextral looping, early formation of chambers) – 28 days;
- 3. Cushions formation (serve as primitive valves) 28-37 days;
- 4. Septation initiation (four-chambered heart) 50-60 days;
- Valve formation (cushions fuse and condense to form valve leaflets) – 42-70 days.

1.Formation of tubular heart

- At around 18 to 19 days the heart begins to form. It develops near the head of embryo in the *primary heart field* (cardiogenic area).
- Bilateral asymmetric cardiogenic plates (endocardial primordia) develop cranially and laterally to the neural plate; in front of the oropharyngeal membrane.
- The coalescence of the separate angiogenic cell clusters of cardiogenic plates forms two endocardial tubes.
- The growth of the brain and the embryonic folding push the endocardial tubes first in the cervical region and then into the thoracic cavity.

Development of the heart



Cardiogenic area begins right in the middle of head pole

1.Formation of tubular heart

- **Two endocardial tubes**, pushed in the thoracic cavity, begin to fuse together and this process is completed at about 22 days.
- Two tubes form a single primitive heart tube the tubular heart, which quickly forms five distinct regions (listed from cranial to caudal position):
- a. truncus arteriosus,
- b. bulbus cordis,
- c. primitive ventricle;
- d. primitive atrium,
- e. sinus venosus.



1.Formation of tubular heart

- The truncus arteriosus will divide to form the aorta and the pulmonary trunk.
- The bulbus cordis will develop into the smooth upper part of the right ventricle (conus arteriosus) and of the left ventricle (aortic vestibule).
- The primitive ventricle will form the trabeculated part of the right and left ventricles.
- The primitive atrium will become the trabeculated part of both atria and auricles.
- The sinus venosus will develop into the posterior (smooth) part of the right atrium (sinus venarum) and the coronary sinus.

2. Looping of the tubular heart

- The heart tube continuous to grow and bend by day of 23 the loop formation begins.
- The heart tube bends and twists: the cephalic portion (arterial pole) bends ventrally, caudally and to the right, the caudal portion (venous pole) bends dorsally, cranially and to the left. This bending creates the cardiac loop.
- The atrioventricular junction remains narrow and forms the atrioventricular canal.
- The bulbus cordis is narrow except the proximal third (it will form the right ventricle). The distal part of *bulbus cordis*, the *conus cordis*, will form the outflow tracts of both ventricles.

2. Looping of the tubular heart



2. Looping of the tubular heart

- **Dextral heart loop** (**D-loop**) is the normal configuration and usually results in a heart with the apex pointed to the left.
- An S-loop is abnormal and usually results in a heart with the apex pointed to the right.



PS: **D** – Latin dexter ("right"); **S** – Latin sinister ("left")

Abnormalities of cardiac looping dextrocardia



3.Cushions formation - atrioventricular canal septation

- On the ventral and dorsal walls of the atrioventricular canal appear two (ventral and dorsal) endocardial cushions, which move toward to each other and finally fuse (between days 35 and 40) to form primitive interventricular septum (or AV septum).
- By day 40, the atrioventricular canal is divided into *right* and *left atrioventricular canals*.

3. Atrioventricular canal septation



4a. Septation of atria

- > The *interatrial septation* begins during week 5.
- The septum primum (primary interatrial septum) appears on the superior wall of the primitive atrium and grows towards the endocardial cushions. A large, temporary opening exists between the septum primum and the endocardial cushions called the foramen primum (primary interatrial foramen), which rapidly gets smaller.
- Before closure of the *foramen primum*, small openings or perforations appear in the upper part of the *septum primum*, which merge to form another opening, the *foramen secundum*.

4a. Septation of atria



4a. Septation of atria

- A new membrane appears to the right of the septum primum on the superior wall of the atrium near the end of week 5. It grows towards the endocardial cushions as the septum secundum (secondary interatrial septum).
- The septum secundum covers the foramen secundum of the septum primum, but remains an oval-shaped passageway, the foramen ovale.
- Complete fusion of the septum primum to the septum secundum forms the definitive interatrial septum, obliterating the foramen ovale.

Development of the atria

- The right atrium
- a. The *sinus of venae cavae* (the smooth-walled part of the right atrium into which the great veins open) is derived from the *sinus venosum*.
- b. The rest of the atrium and the right auricle have a rough trabeculated surface and are derived from the *primitive atrium*.

The left atrium

- a. Most of the left atrium is smooth and is derived from the *primitive pulmonary vein*, which is absorbed into the wall of the atrium.
- b. Only the left auricle has a rough, trabeculated appearance and is derived from the *primitive atrium*.

4b. Septation of ventricles

- A muscular crest (ridge or fold) appears on the inferior ventricular wall, at the same time that the interatrial septum is forming, at about week 5. This is the *interventricular septum primordium*.
- This septum forms the muscular portion of the interventricular septum.
- The septum is incomplete. A *interventricular foramen* is seen between the septum and the fused endocardial cushions, which allows the communication between the ventricles until about the week 7.

4b. Septation of ventricles



4c. Septation of truncus arteriosus and conus cordis

- The subendocardial tissue in the conus cordis thickens into two ridges called *truncoconal* or *bulbar ridges*.
- > Two semilunar ridges also form in the truncus arteriosus.
- The bulbar ridges soon fuse with the ridges of the truncus arteriosus. The fusion takes a spiral orientation and forms the aorticopulmonary septum (or the conotruncal septum), which separates the aorta and the pulmonary trunk, and the outflow tracts of both ventricles (the conus arteriosus or infundibulum of the right ventricle and the aortic vestibule of the left ventricle).

4c. Septation of truncus arteriosus and conus cordis





Development of the ventricles

- Ventricular septation is completed by closure of the interventricular communication (foramen) around the end of week 7, as the bulbar ridges fuse with the endocardial cushions.
- Fusion of the bulbar ridges and the endocardial cushions forms the membranous portion of the interventricular septum.

5. Development of valves

- The mesenchyme around each atrioventricular canal proliferates and forms the *atrioventricular valves* (*mitral valve* at left and *tricuspid valve* at right).
- When partition of the truncus arteriosus is almost complete primordia of the semilunar valves become visible as small tubercles.
- Recent evidence shows that neural crest cells contribute to formation of the valves.
 Dorsal valve swelling
 Aorta



Fetal circulation





Fetal circulation





Fetal circulation



Fetal circulation: changes after birth

Changes i	n	the	Fetal Circulation

after birth

Shunt	Functional closure	Anatomical closure	Remnant
Ductus	10 – 96 hrs	2 – 3 wks	Ligamentum
arteriosus	after birth	after birth	arteriosum
Formamen	Within several	One year	Fossa ovalis
ovale	mins after birth	after birth	
Ductus	Within several mins after birth	3 – 7 days	Ligamentum
venosus		after birth	venosum

_ Umbilical arteries \rightarrow Umbilical ligaments

Umbilical vein → Ligamentum teres

Congenital anomalies of the heart



Patent Ductus Arteriosus (PDA)

Positional abnormalities of the heart

- **Dextrocardia** may be a part of a general transposition of the thoracic and abdominal viscera (*situs viscerus inversus*); the incidence of accompanying cardiac defects is low.
- Isolated dextrocardia is complicated by severe cardiac anomalies.

Dextrocardia




Ectopia cordis is a congenital malformation in which the heart is abnormally located. According to location of the ectopic heart it is classified in:

- cervical ectopia;
- thoracic ectopia;
- thoracoabdominal ectopia;
- abdominal ectopia.

Thoracic ectopia cordis





Septal defects (holes in the heart)

- Atrial septal defects an opening exists between the atria (e.g. patent foramen ovale, foramen primum defect, foramen secundum defect).
- Ventricular septal defects an opening exists between the ventricles (in the membranous or in the muscular portions of the interventricular septum).





Anomalies of great vessels

- Transposition of the great arteries the position of the aorta and the pulmonary trunk are reversed.
- Common arterial trunk (truncus arteriosus) a single great vessel arises from both ventricles.





Heart valve defects

- Aortic value stenosis aorta becomes narrowed (stenosis is a narrowing, that partly blocks the flow of blood).
- Pulmonary valve stenosis the valve cusps are fused forming a dome with a narrow central opening.



Heart valve defects

- **Aortic atresia** the aortic valve is closed (atresia is an obstruction, that completely blocks the flow of blood).
- Pulmonary atresia the pulmonary value is closed (atresia is an obstruction, that completely blocks the flow of blood).
- Tricuspid atresia there is no opening between right chambers of the heart.



Ebstein's anomaly - the tricuspid valve has a lower position (the ventricle is too small, the atruim is too large).



(Aorta and pulmonary trunk not shown)

Anomalies of the great arteries

Coarctation of the aorta – the aortic arch or descending aorta has an abnormal narrowing (stenosis), that produces an obstruction to blood flow to the inferior part of the body.



Anomalies of the great arteries

Patent ductus arteriosus. The ductus arteriosus, a blood passageway that normally closes after birth, fails to close properly (it is a communication between the pulmonary trunk and the aortic arch).



Tetralogy of Fallot

- Tetralogy of Fallot (named after Etienne-Louis Arthur Fallot (1888) who described it as "la maladie blue") includes:
- a. ventricular septal defect;
- **b.** pulmonary valve stenosis;
- c. thickening of the wall
 (hypertrophy) of the right
 ventricle;
- d. dextroposition of aorta.



Clinical methods of examination

- Inspection of visible pulsations;
- Palpation of the apex beat;
- Percussion of the heart define the density and size of the heart;
- **Auscultation** is performed over five locations on the anterior thoracic wall.

Surface anatomy of the heart

- The apex beat is the impulse that results from the apex of the heart being forced against the anterior thoracic wall when the left ventricle contracts.
- The apex beat is found in the left 5th intercostal space 8-9 cm laterally from anterior midline (or 1-1.5 cm medially from left midclavicular line).

Palpation of the apex beat



Surface projections of the heart

- **Borders of the heart:**
- 1. The superior border is a convex line that runs from superior border of the 3rd left costal cartilage to the superior border of the 3rd right costal cartilage.
- 2. The right border is a convex line that runs from the 3rd right costal cartilage to the 5th right costal cartilage (2-3 cm to the right of the right sternal border).
- 3. The inferior border is a convex line that runs from the 5th right costal cartilage to the 5th intercostal space close to the left midclavicular line.
- 4. **The left border** is a convex line that runs from the 5th intercostal space close to the left midclavicular line to the superior border of the 3rd left costal cartilage.

Surface projections of the heart



Surface projections of the heart valves

- The *pulmonary valve* projects at the sternal end of the left third costal cartilage.
- The aortic value projects (just below and to the right of the pulmonary value) behind of the left side of sternum at the level of the third intercostal space.
- The atrioventricular valves are projected on a oblique line passing over the sternum from the left third to the right fifth intercostal spaces.

Surface projections of the heart valves



Auscultation of the heart

Auscultation points of valves:

- Aortic value area in the second intercostal space, on the right sternal border;
- Pulmonary valve area in the second intercostal space, on the left sternal border;
- Erb`s point in the third intercostal space, on the left sternal border;
- Tricuspid value area on the base of the xiphoid process (variations include the fifth intercostal space over the left sternal border or over the right sternal border);
- Mitral value area in the left fifth intercostal space, on the left midclavicular line (1-1,5 cm medially).

Auscultation of the heart



Sounds of tricuspid valve are typically heard in right sternal margin of 5th intercostal space; variations include over sternum or over left sternal margin in 5th intercostal space.

Paraclinical methods of examination

- X-ray examination;
- Ultrasound examination;
- CT (computed tomography);
- Multidetector CT;
- MRI (magnetic resonance imaging) or MRT (magnetic resonance tomography).

X-ray examination of the heart



CT (computed tomography)





MRI or MRT





Multidetector CT



